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Guidance and support

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Part of

[Brexit: guidance for individuals \(/guidance/brexit-guidance-for-individuals-and-families\)](/guidance/brexit-guidance-for-individuals-and-families)

Guidance

Healthcare for UK nationals living in Lithuania

How to get state healthcare if you live, work or study in Lithuania.

From:

[Department of Health and Social Care \(/government/organisations/department-of-health-and-social-care\)](/government/organisations/department-of-health-and-social-care), [Foreign & Commonwealth Office \(/government/organisations/foreign-commonwealth-office\)](/government/organisations/foreign-commonwealth-office), and [Foreign, Commonwealth & Development Office \(/government/organisations/foreign-commonwealth-development-office\)](/government/organisations/foreign-commonwealth-development-office)

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Stay up to date

This guidance will be updated if anything changes to how you get state healthcare in Lithuania.

[Sign up for email alerts \(https://www.gov.uk/email-signup/?topic=/world/living-in-lithuania\)](https://www.gov.uk/email-signup/?topic=/world/living-in-lithuania)

This information is about living in Lithuania. [There's different guidance if you're visiting Lithuania. \(https://www.gov.uk/guidance/uk-residents-visiting-the-eueea-and-switzerland-healthcare\)](https://www.gov.uk/guidance/uk-residents-visiting-the-eueea-and-switzerland-healthcare)

Lithuanian residents usually pay into the national health insurance scheme called Privalomasis Sveikatos Draudimas (PSD). Medical care is mostly free for people covered by the scheme.

Healthcare is managed by a national health insurance fund and Territorial Health Insurance Funds (THIF) in each of the 5 regions of Lithuania, using funds from PSD.

UK nationals usually access the Lithuanian healthcare system in one of these ways:

- registering as a resident and paying into the national health insurance scheme
- using a European Health Insurance Card (EHIC) or UK Global Health Insurance Card (GHIC) for temporary stays when studying, or as a 'posted' (detached) worker
- registering a UK-issued S1 form with one of the insurance funds (see 'UK-funded healthcare: getting and using an S1 form in Lithuania' below)

Healthcare if you live and work in Lithuania

If you are planning on moving to Lithuania, see the guidance on [Living in Lithuania \(https://www.gov.uk/guidance/living-in-lithuania\)](https://www.gov.uk/guidance/living-in-lithuania) for more information about visa and residency requirements.

You must show proof of healthcare cover:

- before you can register as a resident
- when you apply for a visa

For details about the healthcare cover required for residency applications, contact local authorities in Lithuania or the appropriate Lithuanian embassy or consulate in the UK.

You need to [register as a resident \(https://www.gov.uk/guidance/living-in-lithuania\)](https://www.gov.uk/guidance/living-in-lithuania) before signing up to pay into the national health insurance scheme.

If you're employed by a Lithuanian employer they will automatically enrol you on to the national health insurance scheme. Your dependants will be covered too.

If you're self-employed or not working, you need to join the national health insurance scheme directly.

You may be entitled to a Lithuanian **E.H.I.C.** for travel, including visits to the UK.

You may also have the right to apply for a UK S1 if you start drawing a UK State Pension (see 'UK-funded healthcare: getting and using an S1 form in Lithuania' below).

How to register for healthcare

[Apply for temporary or permanent residency \(https://www.gov.uk/guidance/living-in-lithuania\)](https://www.gov.uk/guidance/living-in-lithuania). You'll need to apply online then visit a Migration Department office. [Find out what documents you need \(https://www.migracija.lt/en/\)](https://www.migracija.lt/en/).

Sign up to the national health insurance scheme (**P.S.D.**). Your employer will enrol you and arrange for contributions to come out of your salary.

If you're self-employed or not working, you need to [sign up to pay contributions \(https://www.sodra.lt/en/benefits/information-for-insurers/i-want-to-pay-my-contributions/i-am-engaged-in-individual-activities\)](https://www.sodra.lt/en/benefits/information-for-insurers/i-want-to-pay-my-contributions/i-am-engaged-in-individual-activities).

You can choose your GP from a list of health centres in your municipality.

How much you'll pay

You need to pay the national insurance fund around 508 euros a year or around 42 euros a month.

If you're employed, this will be taken directly out of your salary.

Healthcare services and treatment are free. You may need to pay towards some prescription medicines.

If your UK employer has sent you to Lithuania temporarily ('posted workers')

A posted worker, also known as a 'detached worker', is someone employed or self-employed in the UK, but temporarily sent to a European Economic Area (EEA) country.

UK posted workers can access healthcare in Lithuania using an **E.H.I.C.**, **G.H.I.C.** or S1 form.

HMRC has a [helpline for National Insurance enquiries from non-UK residents \(https://www.gov.uk/government/organisations/hm-revenue-customs/contact/national-insurance-enquiries-for-non-uk-residents\)](https://www.gov.uk/government/organisations/hm-revenue-customs/contact/national-insurance-enquiries-for-non-uk-residents). They can answer questions about posted worker status and explain which documents you will need to get healthcare while posted.

UK-funded healthcare: getting and using an S1 form in Lithuania

There's different guidance if you have an S1 as a 'posted worker' (see 'If your UK employer has sent you to Lithuania temporarily ('posted workers')' above).

You may be entitled to state healthcare paid for by the UK if you're a resident in Lithuania and receive a UK State Pension or an exportable benefit. See [Planning your healthcare abroad \(https://www.nhs.uk/using-the-nhs/healthcare-abroad/moving-abroad/planning-your-healthcare/\)](https://www.nhs.uk/using-the-nhs/healthcare-abroad/moving-abroad/planning-your-healthcare/) on the NHS website for more information about eligibility.

You may also be entitled to an S1 form if you're a frontier worker (someone who works in one state and lives in another). You must [contact HMRC National Insurance enquiries \(https://www.gov.uk/government/organisations/hm-revenue-customs/contact/national-insurance-enquiries-for-non-uk-residents\)](https://www.gov.uk/government/organisations/hm-revenue-customs/contact/national-insurance-enquiries-for-non-uk-residents) to find out if you're eligible.

Not all UK benefits that can be claimed while abroad entitle you to UK-funded healthcare. Read more about [claiming benefits if you move abroad \(https://www.gov.uk/claim-benefits-abroad/where-you-can-claim-benefits\)](https://www.gov.uk/claim-benefits-abroad/where-you-can-claim-benefits) or [contact Jobcentre Plus \(https://www.gov.uk/contact-jobcentre-plus\)](https://www.gov.uk/contact-jobcentre-plus) to ask about a benefit.

Once you have an S1 form, you must register it on the Lithuanian system. This will mean you and your dependants will be entitled to healthcare in Lithuania on the same basis as a Lithuanian citizen.

You'll also get:

- a [UK-issued EHIC \(https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-ehic-european-health-insurance-card/\)](https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-ehic-european-health-insurance-card/) or [GHIC \(https://www.gov.uk/global-health-insurance-card\)](https://www.gov.uk/global-health-insurance-card) for travel
- [planned treatments \(https://www.nhs.uk/using-the-nhs/healthcare-abroad/going-abroad-for-treatment/what-is-the-s2-route/\)](https://www.nhs.uk/using-the-nhs/healthcare-abroad/going-abroad-for-treatment/what-is-the-s2-route/) in other EU countries

Dependants and family members may be classified differently in Lithuania than the UK.

Check with the local authorities when you register your S1 form.

If you're entitled to an S1 form as a dependant of a State Pensioner, your health cover will be cancelled once you begin claiming your UK State Pension.

You will be sent a new S1 form to your registered address from NHS Overseas Healthcare Services. You must register this form to ensure continuation of healthcare cover.

You are responsible for informing NHS Overseas Healthcare Services if you change your address or your circumstances change.

NHS Overseas Healthcare Services
Telephone: +44 (0)191 218 1999
Monday to Friday, 8am to 6pm
Saturday, 9am to 3pm

How to get an S1 form

If you have a UK State Pension or another qualifying exportable benefit, you must request an application form by phone from NHS Overseas Healthcare Services (see contact details above).

How to use an S1 form in Lithuania

You must register your S1 with your nearest Territorial Health Insurance Fund office. You'll need 2 copies of your S1 form and proof of ID such as a passport.

Once registered, you're entitled to healthcare on the same basis as a Lithuanian citizen.

If you are experiencing delays registering your S1 with local authorities and require emergency or urgent treatment, contact the Overseas Healthcare Services on 0044 191 218 1999.

Studying in Lithuania

You should apply for a Student GHIC to get medically necessary, state-provided healthcare for the duration of your study period in Lithuania, whether this is for part or all of your course. This means that you'll get necessary healthcare services on the same basis as a Lithuanian citizen either for free or at a reduced cost.

If you already hold a valid Student EHIC you can use this until the card expires.

[Read more about eligibility and how to apply \(https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/\)](https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/)

Getting treatment in the UK

Because the NHS is a residency-based system, under NHS rules UK nationals who move abroad on a permanent basis may lose their entitlement to free NHS healthcare.

If you are a UK national and move to the EU, you should not expect to be able to use NHS services for free when visiting the UK unless you have an EHIC, PRC or S2 to show your healthcare costs are funded by the EU country in which you now live, or another exemption applies.

Some former UK residents do not have to pay for NHS treatment when visiting England. This includes:

- UK war pensioners
- UK government employees
- UK nationals living in the EU on or before 31 December 2020, once they have a registered, UK-issued S1

Read more about using the NHS when you no longer live in the UK (see 'UK nationals who no longer live in the UK' in [Healthcare for visitors to the UK from the EU \(https://www.gov.uk/guidance/healthcare-for-eu-and-efta-citizens-visiting-the-uk\)](https://www.gov.uk/guidance/healthcare-for-eu-and-efta-citizens-visiting-the-uk)).

If you return to live in the UK you'll be able to use the NHS like any other UK resident.

Read more about [using the NHS when you return to live in the UK \(https://www.gov.uk/guidance/using-the-nhs-when-you-return-to-live-in-the-uk\)](https://www.gov.uk/guidance/using-the-nhs-when-you-return-to-live-in-the-uk).

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Last updated 21 October 2021 - [hide all updates](#)

1. 21 October 2021

Updated 'UK-funded healthcare' to include information for S1 dependants who begin claiming a UK State Pension, and guidance for S1 holders who are experiencing delays in registering their S1. Updated 'Studying in Lithuania' to include more information on Student GHIC and Student EHIC cards. Updated 'Getting treatment in the UK' to provide additional detail about NHS access when visiting the UK.

2. 16 February 2021

Updated 'posted worker' section to reflect that posted workers can continue working and

Updated posted worker section to reflect that posted workers can continue working and accessing state healthcare in Lithuania, and added detail to 'getting treatment in the UK' section about healthcare when you no longer live in the UK.

3. 31 December 2020

Updated sections on living and working in Lithuania, using an S1 form in Lithuania, posted workers and studying in Lithuania. Changes reflect healthcare arrangements for people moving to Lithuania under the new rules of the UK's deal with the EU.

4. 9 November 2020

Updated 2 sections: 'Healthcare if you're using an S1 form in Lithuania' and 'Healthcare if you're studying in Lithuania'. Students and people with a registered S1 in Lithuania can now apply for a new UK European Health Insurance Card (EHIC) that will remain valid from 1 January 2021.

5. 23 September 2019

First published.

Related content

- [Healthcare for UK nationals living in the Czech Republic \(/guidance/healthcare-in-the-czech-republic\)](/guidance/healthcare-in-the-czech-republic)
- [Healthcare for UK nationals living in Luxembourg \(/guidance/healthcare-in-luxembourg\)](/guidance/healthcare-in-luxembourg)
- [Healthcare for UK nationals living in Croatia \(/guidance/healthcare-in-croatia\)](/guidance/healthcare-in-croatia)
- [Healthcare for UK nationals living in Sweden \(/guidance/healthcare-in-sweden\)](/guidance/healthcare-in-sweden)
- [Healthcare for UK nationals living in Malta \(/guidance/healthcare-in-malta\)](/guidance/healthcare-in-malta)
- [Lithuania travel advice \(/foreign-travel-advice/lithuania\)](/foreign-travel-advice/lithuania)

Detailed guidance

- [Living in Lithuania \(/guidance/living-in-lithuania\)](/guidance/living-in-lithuania)
- [Travel to Lithuania for work \(/guidance/travel-to-lithuania-for-work\)](/guidance/travel-to-lithuania-for-work)

Collection

- [Healthcare in the EU, Norway, Iceland, Liechtenstein and Switzerland \(/government/collections/healthcare-in-the-eu-norway-iceland-liechtenstein-and-switzerland\)](/government/collections/healthcare-in-the-eu-norway-iceland-liechtenstein-and-switzerland)

Brexit

[Check what you need to do \(/brexit\)](/brexit)

Explore the topic

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- [Living abroad \(/going-and-being-abroad/living-abroad\)](/going-and-being-abroad/living-abroad)
- [Health and social care \(/health-and-social-care\)](/health-and-social-care)
- [Brexit: guidance for individuals \(/brexit/guidance-individuals\)](/brexit/guidance-individuals)
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