



# Screening Quality Assurance visit report NHS Abdominal Aortic Aneurysm Screening Programme North West London

26 September 2017

Public Health England leads the NHS Screening Programmes

## About Public Health England

Public Health England exists to protect and improve the nation's health and wellbeing, and reduce health inequalities. We do this through world-leading science, knowledge and intelligence, advocacy, partnerships and the delivery of specialist public health services. We are an executive agency of the Department of Health and Social Care, and a distinct delivery organisation with operational autonomy to advise and support government, local authorities and the NHS in a professionally independent manner.

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## About PHE Screening

Screening identifies apparently healthy people who may be at increased risk of a disease or condition, enabling earlier treatment or better informed decisions. National population screening programmes are implemented in the NHS on the advice of the UK National Screening Committee (UK NSC), which makes independent, evidence-based recommendations to ministers in the four UK countries. The Screening Quality Assurance Service ensures programmes are safe and effective by checking that national standards are met. PHE leads the NHS Screening Programmes and hosts the UK NSC secretariat.

PHE Screening, Floor 2, Zone B, Skipton House, 80 London Road, London SE1 6LH www.gov.uk/topic/population-screening-programmes. Twitter: @PHE\_Screening Blog: phescreening.blog.gov.uk. Prepared by: SQAS London. For queries relating to this document, including details of who took part in the visit, please contact: PHE.LondonQA@nhs.net



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## Contents

| About Public Health England   | 2   |
|---|---|
| About PHE Screening   | 2   |
| Scope of this report  | 4   |
| Executive summary   | 5   |
| Purpose and approach to quality assurance (QA)<br>Description of local screening service<br>Findings<br>Table of consolidated recommendations   | 5<br>5<br>6<br>8                            |
| Governance and leadership<br>Infrastructure<br>Identification of cohort<br>Invitation, access and uptake<br>The screening test – accuracy and quality<br>Referral<br>Intervention and outcome<br>Next steps | 8<br>11<br>12<br>12<br>13<br>13<br>14<br>14 |

## Scope of this report

|                            | Covered by this report? | If 'no', where you can find information about this part of the pathway |
|----------------------------|-------------------------|--|
| Underpinning functions     | ·                       |  |
| Uptake and coverage        | Yes                     |  |
| Workforce                  | Yes                     |  |
| IT and equipment           | Yes                     |  |
| Commissioning              | Yes                     |  |
| Leadership and governance  | Yes                     |  |
| Pathway                    |                         |  |
| Cohort identification      | Yes                     |  |
| Invitation and information | Yes                     |  |
| Testing                    | Yes                     |  |
| Results and referral       | Yes                     |  |
| Diagnosis                  | Yes                     |  |
| Intervention/treatment     | Yes                     |  |

## Executive summary

The NHS Abdominal Aortic Aneurysm (AAA) Screening Programme is available for all men aged 65 and over in England. The programme aims to reduce AAA-related mortality among men aged 65 to 74. A simple ultrasound test is performed to detect AAA. The scan itself is quick, painless and non-invasive and the results are provided straight away.

The findings in this report relate to the quality assurance (QA) visit of the North West London abdominal aortic aneurysm (AAA) screening service held on 26 September 2017.

#### Purpose and approach to quality assurance (QA)

Quality assurance aims to maintain national standards and promote continuous improvement in abdominal aortic aneurysm screening. This is to ensure that all eligible people have access to a consistent high quality service wherever they live.

QA visits are carried out by the PHE screening quality assurance service (SQAS).

The evidence for this report comes from the following sources:

- routine monitoring of data collected by the NHS screening programmes
- data and reports from external organisations
- evidence submitted by the provider(s), commissioner and external organisations
- information collected during pre-review visits to North West London AAA screening service on 2 August 2017
- information shared with the London regional SQAS as part of the visit process

#### Description of local screening service

The population of North West London is approximately 2 million. The North West London AAA screening programme (the programme) has an eligible screening population of 8,394 (2016/17) (Source: screening management and referrals tracking (SMaRT) system). The programme is provided by Imperial College Healthcare NHS Trust at St Mary's Hospital. It is commissioned by NHS England (London).

St Mary's Hospital provides the entire screening pathway to men aged 65, as well as self-referred men. St Mary's Hospital is the sole vascular centre for the North West London area.

The programme currently provides screening from a total of 13 sites including 2 hospitals, 7 community healthcare centres, 3 GP practices and one Category B men's prison. These clinics are located in 8 clinical commissioning groups (CCGs): Brent, Central London, Ealing, Hammersmith and Fulham, Harrow, Hillingdon, Hounslow and West London.

The screening programme database is provided by the nationally approved screening management and referrals tracking (SMaRT) system.

NHS England (London) commissions the programme and is currently implementing activities to reconfigure and re-procure all NHS Abdominal Aortic Aneurysm (AAA) screening programmes within London by 1 April 2018. This may result in significant changes to the existing AAA screening programme provision for all screening programmes across London.

### Findings

The programme meets 12 out of the 16 measurable pathway standards for the NHS AAA screening programme (NAAASP) from 1 April 2016 to 31 March 2017 (see Appendix 1).

In 2016/2017, uptake was 71.1% compared to a slightly higher 72.5% in 2015/2016. These figures are significantly below the national average (80.9%). Aortic abdominal aneurysms (AAA) detection rate for North West London is similar to London average (0.8%) but lower compared with the national average (1.1%). The programme recognises the issues around their low uptake and low detection rates. The programme manager monitors and reports uptake by clinical commissioning group (CCG) and GP practice level at the quarterly programme board.

There is an effective approach to managing risks and incidents.

#### Immediate concerns

The QA visit team identified no immediate concerns.

#### High priority

The QA visit team identified 5 high priority findings as summarised below:

- uncertainty for the service due to procurement process, with a lack of contingency plans in place to cover and maintain the service over the next year
- vacant clinical skills trainer (CST) post from end of November 2017

- all ultrasound machines are reaching recommended life span and replacement plan has not been formalised
- uptake is low compared to other regional screening programmes and below the acceptable national standard
- the national vascular registry (NVR) does not have data on ruptured aneurysms for the service

#### Shared learning

The QA visit team identified several areas of practice for sharing, including:

- functional and effective programme board
- proactive and "can do" attitude to finding solutions eg use of dongles, accelerated incidental findings referral, internal quality assurance review of 2.9cm subaneurysms
- good health equity audit
- patient information leaflets include details of other clinic locations
- good access to translation services
- useful staff handbook with policies and protocols available for reference
- concise and clear surveillance data spreadsheet
- ability to offer non visualised scans outside St Mary's
- excellent documentation for CST feedback to screening technicians
- vascular nurse assessments are holistic and comprehensive
- good failsafe, close integration and communication with the well-established vascular service
- fully co-ordinated and managed aortic pathway

## Table of consolidated recommendations

### Governance and leadership

| No. | Recommendation  | Reference   | Timescale | Priority * | Evidence required   |
|-----|---|---|-----------|------------|---|
| 1   | Review terms of reference<br>template for programme boards  | NHS public health<br>functions agreement<br>2016-17<br>Service specification<br>No.23 | 3 months  | Standard   | Updated terms of<br>reference to include<br>maintaining confidentiality,<br>reporting any conflicts of<br>interest and the<br>responsibility of members<br>to report and escalate<br>issues within their own<br>organisation  |
| 2   | Benchmark provision of service<br>against national data to identify<br>any learning from findings | NHS public health<br>functions agreement<br>2016-17<br>Service specification<br>No.23 | 3 months  | Standard   | Updated programme board<br>dashboard to include<br>national data for uptake<br>and detection rates,<br>numbers in surveillance,<br>number of aneurysms and<br>number of self referrals<br>and consider links to<br>ethnicity and deprivation.<br>Review data and<br>information on AAA deaths<br>in the context of uptake<br>and detection rates. |

Screening Quality Assurance visit report NHS Abdominal Aortic Aneurysm Screening Programme

| No. | Recommendation                     | Reference             | Timescale  | Priority * | Evidence required          |
|-----|------------------------------------|-----------------------|------------|------------|----------------------------|
| 3   | Produce a contingency plan to      | NHS public health     | 6 months   | High       | Regular communication      |
|     | cover the next year and maintain   | functions agreement   |            |            | with service and minutes   |
|     | the service during the             | 2016-17               |            |            | showing updates and        |
|     | procurement process                | Service specification |            |            | contingency plan at        |
|     |                                    | No.23                 |            |            | programme boards           |
| 4   | Formalise team meetings            | NHS public health     | 6 months   | Standard   | Terms of Reference         |
|     | ensuring attendance from across    | functions agreement   |            |            | identifying quoracy.       |
|     | the disciplines including clinical | 2016-17               |            |            |                            |
|     | lead and vascular nurse specialist | Service specification |            |            | Audit of attendance.       |
|     |                                    | No.23                 |            |            |                            |
| 5   | Produce an annual report           | NHS public health     | 3-6 months | Standard   | Annual report submitted to |
|     | approved by the Trust board        | functions agreement   |            |            | the board                  |
|     |                                    | 2016-17               |            |            |                            |
|     |                                    | Service specification |            |            |                            |
|     |                                    | No.23                 |            |            |                            |
| 6   | Develop an accountability          | NHS public health     | 3 months   | Standard   | Governance structure       |
|     | structure showing AAA workforce    | functions agreement   |            |            |                            |
|     | governance links to the Trust      | 2016-17               |            |            |                            |
|     | board to identify associations     | Service specification |            |            |                            |
|     | between the screening              | No.23                 |            |            |                            |
|     | programme and the Trust            |                       |            |            |                            |

Screening Quality Assurance visit report NHS Abdominal Aortic Aneurysm Screening Programme

| No.             | Recommendation  | Reference  | Timescale | Priority *             | Evidence required  |
|-----------------|---|--|-----------|------------------------|--|
| <u>No.</u><br>7 | Recommendation<br>Implement a screening audit<br>schedule which includes audits to<br>be undertaken over reasonable<br>time frames across the entire<br>screening pathway | Reference<br>NHS public health<br>functions agreement<br>2016-17<br>Service specification<br>No.23 | 6 months  | Priority *<br>Standard | Evidence required<br>Audit Schedule<br>Example of audits to<br>include:<br>- SMART system audits<br>- DNA audit<br>- deactivation audit<br>- mortality audit<br>- reasons for opt outs<br>- readmissions<br>- follow up of lifestyle |
|                 |   |  |           |                        | <ul> <li>audit</li> <li>nurse appointment<br/>uptake</li> <li>compliance with 12<br/>week first nurse<br/>appointment standard</li> </ul>  |

### Infrastructure

| No. | Recommendation   | Reference   | Timescale | Priority * | Evidence required  |
|-----|--|---|-----------|------------|--|
| 8   | Ensure clinical lead job<br>description includes AAA<br>screening role and<br>responsibilities   | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 6 months  | Standard   | Job description for<br>clinical lead   |
| 9   | Monitor contingency plans to<br>mitigate the risk from a vacant<br>clinical skills trainer (CST) post<br>from end of November 2017 and<br>add to the risk register | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 3 months  | High       | Confirmation that<br>this has been<br>reviewed and<br>included within the<br>Trust risk register |
| 10  | Formalise an equipment<br>replacement plan to ensure<br>business continuity  | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 3 months  | High       | Business Continuity<br>Plan  |
| 11  | Ensure the clinical skills trainer<br>(CST) has remote access to<br>enable QA reviews to be<br>undertaken with minimum delay                                       | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 6 months  | Standard   | Confirmation that<br>access on a laptop<br>has been achieved                                     |

### Identification of cohort

| No. | Recommendation   | Reference   | Timescale | Priority * | Evidence required |
|-----|--|---|-----------|------------|-------------------|
| 12  | Ensure the arrangements for<br>provision of home visits are in line<br>with national guidance and all<br>staff are adequately trained using<br>local protocols signed off by the | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 6 months  | Standard   | Updated protocol  |
|     | programme board  |   |           |            |                   |

## Invitation, access and uptake

| No. | Recommendation  | Reference   | Timescale    | Priority * | Evidence required   |
|-----|---|---|--------------|------------|---|
| 13  | Continue to focus on ways to<br>improve uptake and consider<br>benefit of local clinical<br>commissioning groups and public<br>health contributions to developing<br>a joint plan for addressing uptake<br>issues | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 3 - 6 months | High       | Health Promotion<br>Plan/Strategy                                 |
| 14  | Review accessibility and numbers<br>of screening sites to maximise<br>the opportunity for men to attend<br>screening  | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 3 - 6 months | Standard   | Outcome of review<br>of number of<br>screening venues<br>provided |
| 15  | Undertake vascular nurse clinics<br>at other clinic sites to improve<br>access  | NHS public health functions<br>agreement 2016-17<br>Service specification No.23 | 6 months     | Standard   | Confirmation of<br>vascular nurse<br>clinics locations            |

## The screening test – accuracy and quality

| No. | Recommendation               | Reference                   | Timescale | Priority * | Evidence required    |
|-----|------------------------------|-----------------------------|-----------|------------|----------------------|
| 16  | Update lone working and      | NHS public health functions | 6 months  | Standard   | Updated lone         |
|     | incidental findings policies | agreement 2016-17           |           |            | working to show that |
|     |                              | Service specification No.23 |           |            | lone working occurs  |
|     |                              |                             |           |            | on a planned basis   |
|     |                              |                             |           |            | and not just in      |
|     |                              |                             |           |            | emergencies and      |
|     |                              |                             |           |            | incidental findings  |
|     |                              |                             |           |            | policy provides a    |
|     |                              |                             |           |            | clear timeline and   |
|     |                              |                             |           |            | failsafe process for |
|     |                              |                             |           |            | managing incidental  |
|     |                              |                             |           |            | findings             |

## Referral

| No. | Recommendation | Reference | Timescale | Priority * | Evidence required |
|-----|----------------|-----------|-----------|------------|-------------------|
|     | None           |           |           |            |                   |

#### Intervention and outcome

| No. | Recommendation                      | Reference                     | Timescale | Priority * | Evidence required  |
|-----|-------------------------------------|-------------------------------|-----------|------------|--------------------|
| 17  | Review of local population deaths   | Essential elements in         | 3 months  | High       | National Vascular  |
|     | due to AAA to identify men who      | providing an abdominal aortic |           |            | Registry report    |
|     | died from an AAA rupture and        | aneurysm (AAA) screening      |           |            | submitted to Board |
|     | include within the national         | and surveillance programme -  |           |            |                    |
|     | vascular registry (NVR) to identify | Standard Operating            |           |            |                    |
|     | any learnings                       | Procedure                     |           |            |                    |

I = Immediate H= High S = Standard

#### Next steps

The screening service provider is responsible for developing an action plan in collaboration with the commissioners to complete the recommendations contained within this report.

SQAS will work with commissioners to monitor activity/progress in response to the recommendations made for a period of 12 months, following the issuing of the final report. After this point, SQAS will send a letter to the provider and the commissioners summarising the progress made and will outline any further action(s) needed.