
APPENDICES

Sexual Health Needs Assessment Vale Royal, Cheshire

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CPH | CENTRE FOR
PUBLIC HEALTH
LIVERPOOL JOHN MOORES UNIVERSITY



NHS

Vale Royal
Clinical Commissioning Group

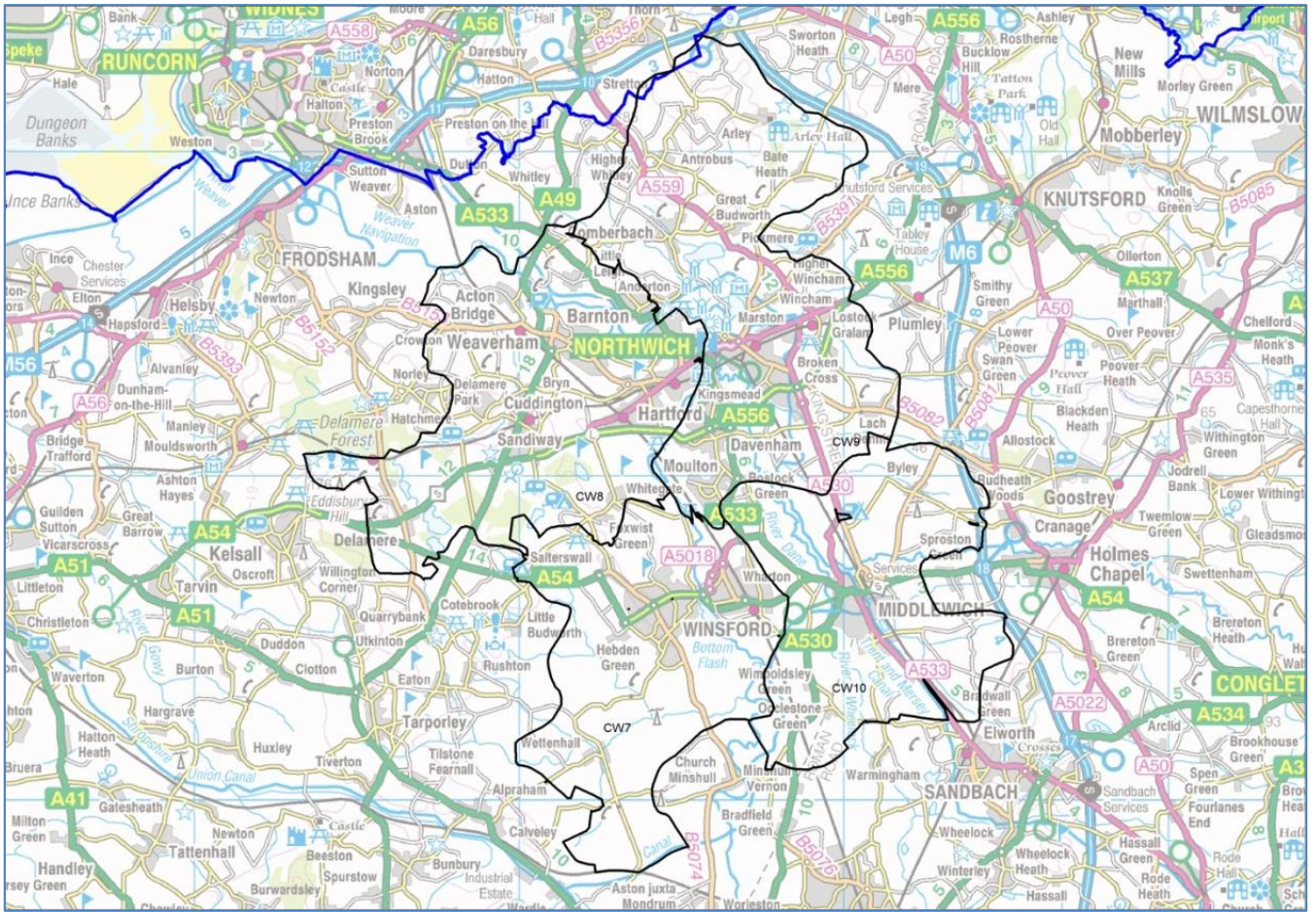


Cheshire West
and Chester

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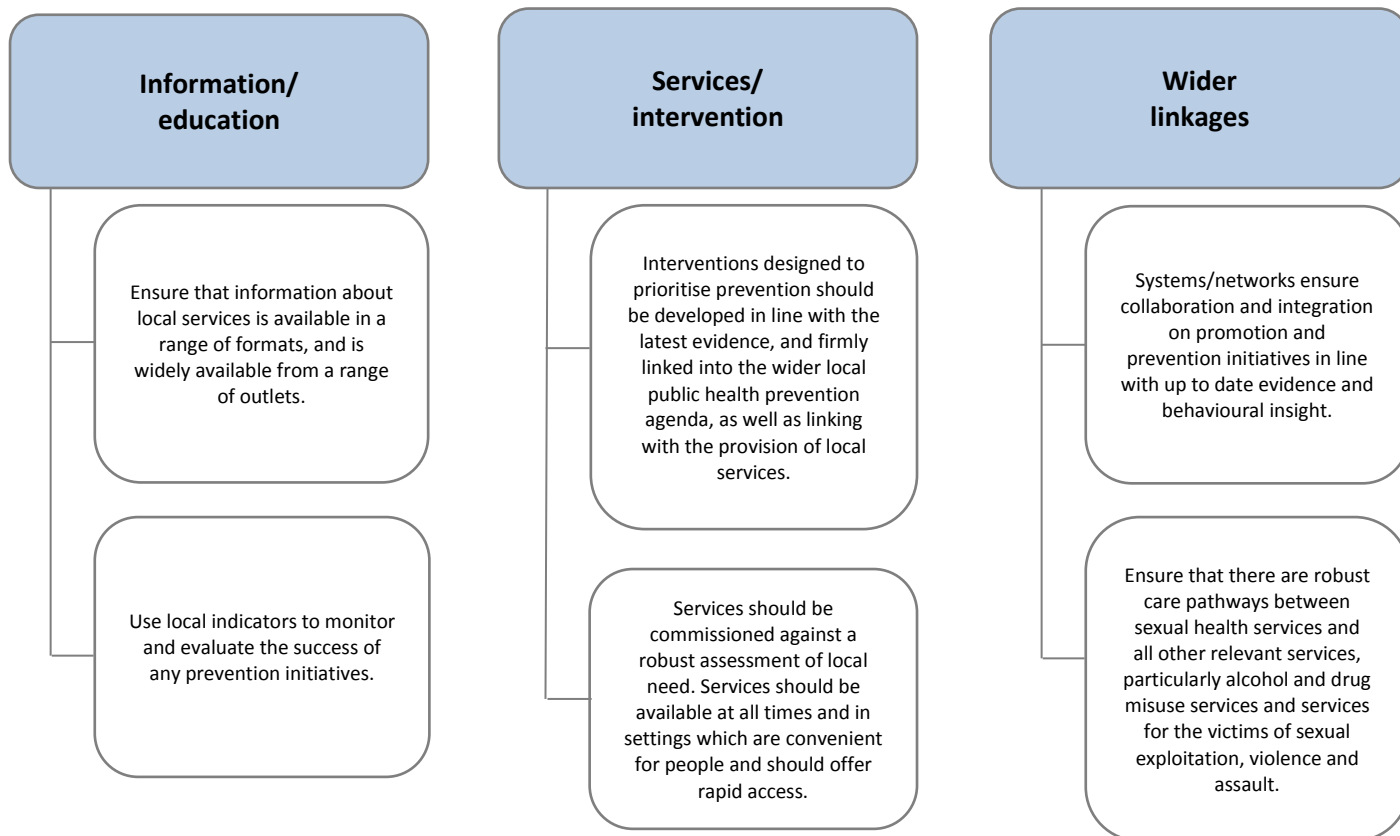
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APPENDIX 1: POSTCODE AREAS IN VALE ROYAL



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APPENDIX 2: DEPARTMENT OF HEALTH SUGGESTED ACTION FOR LOCAL AREAS



Adapted from: DH (2013) A Framework for Sexual health Improvement in England. Department of Health.

APPENDIX 3: GENERAL SEXUAL HEALTH SURVEY



Centre for
Public Health



General Sexual Health Survey

What is the purpose of the questionnaire?

You are being asked to take part in a study to explore people's sexual health and opinions of local sexual health services. This information will be used to inform the development and delivery of local services. Even if you have never used a sexual health service, we would still like to hear your opinions.

Do I have to take part?

No. It is up to you to decide whether or not to take part. Please read this information and take the time to decide. If you do not decide to take part, this will not affect your right to use any service. **Please only complete this questionnaire if you live, work, socialise or access services in Northwich/Winsford (Vale Royal) and are aged 16 or over.**

What will happen to me if I take part?

If you decide to take part, please fill in this survey. The survey asks for brief information about you, your knowledge, behaviour and opinions of sexual health services. We will also ask you a small number of questions about lifestyle, to get a picture of your general health. It should take 10-15 minutes to complete depending on how much information you want to provide.

Are there any risks/benefits to being involved?

There are no direct risks or benefits to you being involved in the study, but the information you provide will be used to help improve services for you and others. Some people feel uncomfortable answering questions about themselves, their behaviour and their experiences of using health services. Some of these questions may be personal. We are asking them to learn more about peoples' behaviour and what kind of services people may need. If you do feel uncomfortable, you can skip any questions you are not happy to answer.

Will my taking part in the study be kept confidential?

Yes. We take confidentiality very seriously. The survey does not ask for names or addresses. No-one has to know you have taken part and the information you give will not be shared with anyone beyond the research team. All surveys will be kept on a secure, password protected computer. Any paper surveys will be kept in a locked cabinet on University premises. Please be aware that, because we do not take names, it is unlikely you would be able to withdraw your answers from the study after you have returned the survey.

Contact details

If you have any questions or would like to discuss the study, please contact: **Suzy Hargreaves**, s.hargreaves@ljamu.ac.uk, 0151 231 4445.

SECTION A: ABOUT YOU

1. How old are you?

- Under 16 16-19 20-24
- 25-29 30-34 35-39
- 40-44 45-49 50-54
- 55-59 60+

2. What is your postcode? (We will not use this information to identify or contact you, we just need to find out which areas people live in)

3. How would you describe your ethnic origin? (Please tick only one)

- White British Black/black British
- White Irish Asian/Asian British
- White European Mixed white and Asian
- Gypsy/Traveller Mixed white and black
- Other (please specify) _____

4. How would you describe your sexuality? (Please tick only one)

- Heterosexual (straight) Homosexual (gay or lesbian)
- Bisexual (attracted to men and women) Unsure
- Rather not say
- Other (please specify) _____

5. Are you?

- Male Female

6. Is your current gender identity the same as the gender (biological sex) you were originally assigned at birth?

- Yes No Rather not say

7. Do you have a disability or special educational needs? (e.g. this might include being hard of hearing, dyslexia, etc.)

Yes No

If yes, what? _____

8. Do you have a long-term physical or mental health condition? (e.g. this might include diabetes, cystic fibrosis, depression/anxiety etc.)

Yes No

If yes, what? _____

SECTION B: SEXUAL HEALTH SERVICES

What are sexual health services?

NHS Sexual health services are free and available to everyone, regardless of sex, age, ethnic origin and sexual orientation. You can get advice and information on sexual health from: **sexual health clinics** contraception clinics (also known as family planning clinics), **GPs, GUM clinics** (e.g. at your local hospitals), **pharmacies**, **sexual assault referral centres** and **young people's services**. To find local sexual health services, please check: www.nhs.uk.

Adapted from NHS Choices, www.nhs.uk

9. Where do you get most of your information on sexual health? (Please tick all that apply)

Friends

Family

College/school/university

Family doctor/GP/GP nurse

Pharmacist/chemist

Sexual health clinic

GUM clinic

Magazines

Television

Telephone helpline

Internet – NHS websites

Internet – other websites

Other (please specify) _____

10. If you ticked “internet – NHS websites” or “internet – other websites” in question 9, how do you most often access these websites? (Please tick all that apply)?

If you did not tick those options, please move on to question 11

- Mobile phone web browser Mobile phone app
- Laptop Desktop computer
- Other (please specify) _____

11. Before doing this questionnaire had you heard of any of the following services? (Please tick all that apply)

- Winsford Sexual Health Clinic (at Winsford Health Centre)
- Winsford Young People’s Sexual Health Clinic (at Winsford Health Centre)
- Winsford Contraception Clinic (at Winsford Health Centre)
- Wharton Contraceptive Clinic (at Wharton Primary Health Centre)
- Northwich Contraception Clinic (at Integrated Care Centre, Victoria Infirmary)
- Northwich Sexual Health Clinic (at Victoria Infirmary)
- Leighton Centre for Sexual Health (at Leighton Hospital)
- Countess of Chester Hospital Department of Sexual Health
- Other (please specify) _____

12. Many of the sexual health services in Northwich/Winsford are known as “family planning services” – what do you think of the name “family planning service”? (Please tick all that apply)

The name “family planning” ...

- Is a name I **do not** recognise
- Is a name I **do** recognise
- Describes the service well
- Would put me off using the service
- Sounds like a service that **is not** relevant to me
- Sounds like a service that **is** relevant to me
- Is an old fashioned name
- Sounds like a service for couples only
- Sounds like a service for people planning to have children

- Makes the service sound welcoming
- The name does not make any difference to me
- Other (please say what) _____

13. Would you know where to go if you needed any of the following? If so where would you go?

Contraception (e.g. condoms, the pill, coil, etc.)	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Don't know	If yes, where?
--	---------------------------	--------------------------	----------------------------------	----------------

Emergency contraception (the morning after pill)	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Don't know	If yes, where?
--	---------------------------	--------------------------	----------------------------------	----------------

Testing for HIV	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Don't know	If yes, where?
-----------------	---------------------------	--------------------------	----------------------------------	----------------

Testing for sexually transmitted infections (STIs)	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Don't know	If yes, where?
--	---------------------------	--------------------------	----------------------------------	----------------

Abortion/advice about an abortion	<input type="radio"/> Yes	<input type="radio"/> No	<input type="radio"/> Don't know	If yes, where?
-----------------------------------	---------------------------	--------------------------	----------------------------------	----------------

14. Have you used any of the following services *in the last year*? (Please tick all that apply)

- Winsford Sexual Health Clinic (at Winsford Health Centre)
- Winsford Young People's Sexual Health Clinic (at Winsford Health Centre)
- Winsford Contraception Clinic (at Winsford Health Centre)
- Wharton Contraceptive Clinic (at Wharton Primary Health Centre)
- Northwich Contraception Clinic (at Integrated Care Centre, Victoria Infirmary)
- Northwich Sexual Health Clinic (at Victoria Infirmary)
- Leighton Centre for Sexual Health (at Leighton Hospital)
- Countess of Chester Hospital Department of Sexual Health
- Other (please specify) _____

15. How far would you be willing to travel to a sexual health service?

I would not travel this way	Up to 10 minutes	10-30 minutes	30 minutes to an hour	Over an hour
-----------------------------	------------------	---------------	-----------------------	--------------

By public transport (e.g. bus, train)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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By taxi	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---------	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

By car/motorbike (driving yourself or getting a lift)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Bicycle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Other (please specify)	_____				
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16. What things are (or would be) most important for you in a sexual health service? (Please tick all that apply)

- | | |
|--|---|
| <input type="radio"/> Close to my home | <input type="radio"/> Feeling treated with respect |
| <input type="radio"/> Open during the day | <input type="radio"/> Open in the evening |
| <input type="radio"/> Open at the weekend | <input type="radio"/> Close to the town centre |
| <input type="radio"/> Service is confidential | <input type="radio"/> Atmosphere welcoming |
| <input type="radio"/> Choice of seeing male/female medical staff | <input type="radio"/> Reception staff are helpful |
| <input type="radio"/> Feel involved in decisions about my healthcare | <input type="radio"/> There is lots of time to talk |
| <input type="radio"/> Easy to reach by public transport | <input type="radio"/> Easy to park |
| <input type="radio"/> Staff are non-judgemental | <input type="radio"/> Staff put me at ease |
| <input type="radio"/> Other (please specify) _____ | |

17. Is there anything that might put you off using a sexual health service?

18. Who do you find it easy to talk to about sexual health issues?

- | | |
|--|--|
| <input type="radio"/> Family member | <input type="radio"/> Doctor at GUM/sexual health clinic |
| <input type="radio"/> Friends | <input type="radio"/> Nurse at GUM/sexual health clinic |
| <input type="radio"/> Family doctor/GP | <input type="radio"/> Nurse at a family planning/contraception service |
| <input type="radio"/> Pharmacist/chemist | |
| <input type="radio"/> Other (please specify) _____ | |

19. Who do you find it difficult to talk to about sexual health issues?

- | | |
|--|--|
| <input type="radio"/> Family member | <input type="radio"/> Doctor at GUM/sexual health clinic |
| <input type="radio"/> Friends | <input type="radio"/> Nurse at GUM/sexual health clinic |
| <input type="radio"/> Family doctor/GP | <input type="radio"/> Nurse at a family planning/contraception service |
| <input type="radio"/> Pharmacist/chemist | |
| <input type="radio"/> Other (please specify) _____ | |

20. Do you have any other comments about sexual health services in Northwich/Winsford (Vale Royal)?

SECTION C: LIFESTYLE QUESTIONS

21. How would you describe your general health (please tick one answer only)

- Very good
- Good
- Okay
- Poor
- Very poor

22. For MEN, how often do you have EIGHT or more alcoholic drinks on one occasion?

And WOMEN, how often do you have SIX or more alcoholic drinks on one occasion? (Please tick one answer only)

- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to say

23. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to say

24. How often during the last year have you failed to do what was normally expected of you because of alcohol?

- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily
- Prefer not to say

25. In the last year has a relative or friend, or doctor or other health worker been concerned about your drinking or suggested you cut down?

- No
- Yes, on one occasion
- Yes, on more than one occasion

26. Do you currently smoke tobacco? (e.g. in a cigarette, cigar, roll-up, pipe etc.)

- Yes – daily
- Yes – occasionally
- No – not at all
- Prefer not to say

SECTION D: SEX AND CONTRACEPTION

27. Are you currently in a sexual relationship?

- Yes
- No

28. What gender is the person you are currently in a sexual relationship with?

- Same gender as me
- Opposite gender to me
- Prefer not to say

29. How long have you been in your current relationship (or as near as possible)?

_____ Years _____ Months

30. How many partners have you had sex with in the last 12 months (or as near as possible)?

31. In the last 12 months, ***with all your sexual partners***, have you used a condom:

- All of the time
- Most of the time
- Some of the time
- Never
- Not sure?

32. Which of the following types of contraception have you and your current partner used in the last 12 months? (Please tick all that apply)

- Condom
- Combined pill
- Mini pill/progesterone only pill
- Pill- not sure which type
- Coil (Mirena/IUD/IUS)
- Implant
- Cap/diaphragm
- Injection (Depo-Provera)
- Morning after pill
- Partner sterilised
- I am sterilised
- Rhythm method
- No contraception used
- Other (please specify) _____

33. Which of the following is your usual method of contraception at the moment? (Please tick up to three options)

- Condom
- Combined pill
- Mini pill/progesterone only pill
- Pill- not sure which type

- Coil (Mirena/IUD/IUS)
- Implant
- Cap/diaphragm
- Injection (Depo-Provera)
- Morning after pill
- Partner sterilised

- I am sterilised
- Rhythm method
- No contraception used
- Other (please specify) _____

34. If you have used condoms in the last 12 months, have you used them to...?

IF YOU HAVE NOT USED CONDOMS IN THE LAST 12 MONTHS, PLEASE SKIP TO QUESTION 34

- Prevent pregnancy
- To protect against HIV and other sexually transmitted infections (STIs)
- Or both?

35. If you ticked “both” in question 32, what was the main reason for using condoms in the last 12 months?

- Prevent pregnancy
- To protect against HIV and other STIs?

36. In the last 12 months, have you sought advice on contraception or obtained contraception from any of the following?

- Your family doctor/nurse (GP)
- Family planning clinic
- Pharmacist/chemist
- Vending machine
- Supermarket/other shop
- Online/through the post
- Sexual health/GUM clinic
- A young people’s sexual health and contraceptive service
- None of the above
- Other (please specify) _____

37. Have you been tested for any of the following sexually transmitted infections (STIs) in the last 12 months?

(Please tick all that apply)

- Chlamydia
- Genital warts
- Genital herpes
- Gonorrhoea
- Syphilis
- HIV
- Yes I was tested but I’m not sure what for
- No, I have not been tested in the last 12 months
- Other (please specify) _____

38. Have you been diagnosed with any of the following sexually transmitted infections (STIs) in the last 12 months (Please tick all that apply)

- Chlamydia
- Genital warts
- Genital herpes
- Gonorrhoea
- Syphilis
- HIV
- Yes I was diagnosed but I can’t remember which one
- No, I have not been diagnosed in the last 12 months
- Other (please specify) _____

39. Have you had unprotected sex in the last 12 months (sex without a condom)?

- Yes
- No
- Don’t know/can’t remember

40. Was the last time you had unprotected sex (sex without a condom)...

- With your regular sexual partner
- With a casual sexual partner
- With a one night stand
- Other (please specify) _____?

41. What kind of things influence whether you decide to use a condom?



SECTION E: ATTITUDES TO SEXUAL HEALTH

40. Please tick one box for each of these statements about sexually transmitted infections (e.g. chlamydia, gonorrhoea etc.) and HIV:

Strongly agree

Agree

Neither agree nor disagree

Disagree

Strongly disagree

Don't know

All STIs are easy to cure

All STIs show symptoms

I am not at risk of catching an STI because I am on the pill

I am not at risk of catching an STI because I always use a condom

Married people/people in a long term relationship do not get STIs

If you only have sex with people who look fit and healthy you won't catch an STI

It is possible to have an STI or HIV and not know

HIV drugs make HIV easier to live with

HIV drugs make people less infectious

I don't think I'm at risk of catching HIV

All HIV positive people die
from HIV before they get
old

THANK YOU FOR TAKING THE TIME TO FILL OUT THIS QUESTIONNAIRE

If you have any questions or comments about the sexual health services or about the questionnaire, please leave them here or contact the researcher, Suzy Hargreaves: s.hargreaves@ljmu.ac.uk

Comments about sexual health services in Northwich/Winsford (Vale Royal)/comments about the questionnaire:

APPENDIX 4: SERVICE USER QUESTIONNAIRE

Please fill in sections A and B before your appointment
and section C after your appointment.

SECTION A: ABOUT YOU

PLEASE FILL IN THIS SECTION BEFORE YOUR APPOINTMENT

POSTCODE SLIP

1. How old are you?

- | | | |
|-----------------------------|-----------------------------|-----------------------------|
| <input type="radio"/> 16-19 | <input type="radio"/> 20-24 | <input type="radio"/> 25-29 |
| <input type="radio"/> 30-34 | <input type="radio"/> 35-39 | <input type="radio"/> 40-44 |
| <input type="radio"/> 45-49 | <input type="radio"/> 50-54 | <input type="radio"/> 55-59 |
| <input type="radio"/> 60+ | | |

2. How would you describe your ethnic origin? (Please tick only one)

- | | |
|--|---|
| <input type="radio"/> White British | <input type="radio"/> Black/black British |
| <input type="radio"/> White Irish | <input type="radio"/> Asian/Asian British |
| <input type="radio"/> White European | <input type="radio"/> Mixed white and Asian |
| <input type="radio"/> Gypsy/Traveller | <input type="radio"/> Mixed white and black |
| <input type="radio"/> Other (please specify) _____ | |

3. How would you describe your sexuality? (Please tick only one)

- | | |
|---|---|
| <input type="radio"/> Heterosexual (straight) | <input type="radio"/> Homosexual (gay or lesbian) |
| <input type="radio"/> Bisexual (attracted to men and women) | <input type="radio"/> Unsure |
| <input type="radio"/> Rather not say | |
| <input type="radio"/> Other (please specify) _____ | |

4. Are you?

Male Female

5. **Is your current gender identity the same as the gender (biological sex) you were originally assigned at birth?**

Yes No Rather not say

6. **Do you have a disability or special educational needs? (e.g. this might include being hard of hearing, dyslexia, etc.)**

Yes No

If yes, what? _____

7. **Do you have a long-term physical or mental health condition? (e.g. this might include diabetes, cystic fibrosis, depression/anxiety etc.)**

Yes No

If yes, what? _____

SECTION B: BEFORE USING THIS SERVICE

PLEASE FILL IN THIS SECTION BEFORE YOUR APPOINTMENT

8. **Was your appointment today:**

Booked
 Drop-in
 Not sure?

9. **How long did you have to wait for this appointment?**

No appointment, just turned up Less than a day
 A few days About a week
 Longer than a week Other

If other, how long? _____

10. **Was that wait acceptable to you?**

Yes No

11. **Why was this?**



12. What have you come to the service for today? (Please tick all that apply)

- | | |
|---|--|
| <input type="radio"/> Get condoms | <input type="radio"/> Get the pill |
| <input type="radio"/> Get the morning after pill | <input type="radio"/> Get implant/coil/injection |
| <input type="radio"/> General contraception advice | <input type="radio"/> Chlamydia screening |
| <input type="radio"/> Relationship counselling/help | <input type="radio"/> Pregnancy check |
| <input type="radio"/> Pregnancy termination/advice | <input type="radio"/> Check for sexual infection (not including HIV) |
| <input type="radio"/> Check for HIV | <input type="radio"/> Other |

If other, what? _____

13. Before you came to the clinic today, did you talk to or get advice from any other services or person (e.g. doctor/GP, youth worker, other sexual health clinic, Brook, online help, family, friend etc.)

First person or place you went to: _____

Second person or place you went to: _____

Third person or place you went to: _____

14. How did you find out about the service you are attending today? (Please tick all that apply)

- | | | |
|--|---|---|
| <input type="radio"/> Family member | <input type="radio"/> Friend | <input type="radio"/> Family doctor/GP |
| <input type="radio"/> Other sexual health service | <input type="radio"/> Poster/magazine/advert | <input type="radio"/> Newspaper |
| <input type="radio"/> School/college/university/work | <input type="radio"/> Internet – NHS websites | <input type="radio"/> Internet – other websites |
| <input type="radio"/> Other (please specify) | _____ | |

15. If you ticked “internet – NHS websites” or “internet – other websites” in question 12, how do you most often access these websites? (Please tick all that apply)

If you did not tick those options, please move on to question 14

- Mobile phone web browser Mobile phone app
- Laptop /tablet (e.g. iPad) Desktop computer
- Other (please specify) _____

16. How did you get to this service today? (Please tick all that apply)

- Walked Driven self Given a lift
- Bus Train Taxi
- Cycled Other

If other, how? _____

17. How far have you travelled to this service from your home?

- Less than a mile Between 1 and 3 miles
- Between 4 and 5 miles 6 or more miles

18. Did you have to miss work/college/school/university to come here today?

- Yes No

19. Did you have any problems getting to this service today?

- Yes No

20. If yes, what were the problems?

21. What things are most important for you in a sexual health service? (Please tick all that apply)

- Close to my home Feeling treated with respect

- Open during the day
- Open at the weekend
- Service is confidential
- Choice of seeing male/female medical staff
- Feel involved in decisions about my healthcare
- Easy to reach by public transport
- Staff are non-judgemental
- Other (please specify) _____
- Open in the evening
- Close to the town centre
- Atmosphere welcoming
- Reception staff are helpful
- There is lots of time to talk
- Easy to park
- Staff put me at ease

22. Is there anything that might ***put you off*** using a sexual health service?

23. Who do you find it ***easy*** to talk to about sexual health issues? (Please tick all that apply)

- Family member
- Friends
- Family doctor/GP
- Pharmacist/chemist
- Other (please specify) _____
- Doctor at GUM/sexual health clinic
- Nurse at GUM/sexual health clinic
- Nurse at a family planning/contraception service

24. Why do you find it easy to talk about sexual health issues to the people you indicated in the question above?

25. Who do you find it ***difficult*** to talk to about sexual health issues? (Please tick all that apply)

- Family member
- Friends
- Family doctor/GP
- Pharmacist/chemist
- Other (please specify) _____
- Doctor at GUM/sexual health clinic
- Nurse at GUM/sexual health clinic
- Nurse at a family planning/contraception service

26. Why do you find it difficult to talk about sexual health issues to the people you indicated in the question above?

27. Before completing this questionnaire had you *heard of* any of the following services? (Please tick all that apply)

- Winsford Sexual Health Clinic (at Winsford Health Centre)
- Winsford Young People's Sexual Health Clinic (at Winsford Health Centre)
- Winsford Contraception Clinic (at Winsford Health Centre)
- Wharton Contraceptive Clinic (at Wharton Primary Health Centre)
- Northwich Contraception Clinic (at Integrated Care Centre, Victoria Infirmary)
- Northwich Sexual Health Clinic (at Victoria Infirmary)
- Leighton Centre for Sexual Health (at Leighton Hospital)
- Countess of Chester Hospital Department of Sexual Health
- Other (please specify) _____

28. Have you *used* any of the following services *in the last year*? (Please tick all that apply)

- Winsford Sexual Health Clinic (at Winsford Health Centre)
- Winsford Young People's Sexual Health Clinic (at Winsford Health Centre)
- Winsford Contraception Clinic (at Winsford Health Centre)

- Wharton Contraceptive Clinic (at Wharton Primary Health Centre)
- Northwich Contraception Clinic (at Integrated Care Centre, Victoria Infirmary)
- Northwich Sexual Health Clinic (at Victoria Infirmary)
- Leighton Centre for Sexual Health (at Leighton Hospital)
- Countess of Chester Hospital Department of Sexual Health
- Other (please specify) _____

SECTION C: AFTER YOUR CONSULTATION

PLEASE FILL IN THIS SECTION AFTER YOUR APPOINTMENT

29. During your appointment today:

Did you get all the advice or information you wanted? Yes No Don't know

Was it easy to ask questions? Yes No Don't know

Were the answers clear and easy to understand? Yes No Don't know

Was the person on reception friendly/helpful? Yes No Don't know

Was the doctor/nurse/health advisor friendly/helpful? Yes No Don't know

Did the service meet your expectations? Yes No Don't know

30. Would you recommend this service to someone else?

Yes No Don't know

31. Why do you think this?

32. Could the service have done anything to improve your visit today?

33. Do you have any other comments about your visit today?



THANK YOU FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE



Centre for
Public Health



Vale Royal
Clinical Commissioning Group



Cheshire West
and Chester

Sexual Health Needs Assessment – Vale Royal, Cheshire

LGBT Focus Groups

Introduction:

Hi, my name is [name of focus group facilitator- a researcher] and I am a researcher from the Centre for Public Health at Liverpool John Moores University. This is [name of contact from gatekeeper organisation] and s/he will be sitting in with us today. If you feel like you want to talk about anything that comes up in this group further, please speak to her/him afterwards. First of all, thank you for agreeing to meeting with me; I really appreciate the time you have given. We have been asked to look at local sexual health services and what people think of them, if they use them or not, reasons why they may not use them (for example). I would like to ask you about your views on sexual health services in this area.

We are not asking detail of using a particular service, or details about what you may or may not have had done, but we will ask you for information on how you found the experience, what you think of the services, what would improve the experience that LGBT people have when accessing the service. If you choose to give any information on personal experiences, this information will not be used in the write-up of the report.

If you would like to stop taking part in the focus group at any point, this is okay, you are free to withdraw at any time. What we discuss and anything you say is in confidence. Everything that you say in the focus group will be private and discussions will be kept confidential outside the group. This means nobody outside of the research team will see your answers. I will not take any personal information and no-one will know what you have said. If it is okay, I would like to tape record the conversation because I would like to give you my full attention and I cannot write fast enough to take notes. This is so the researcher does not have to write down your answers during the discussion and can listen to you fully. These recordings will only be listened to by the research team and will be deleted after the answers have been written up. All audio tapes will be kept locked in a filing cabinet in a secure office or stored digitally on a secure computer. Any quotes used in the research will be anonymous and will not identify you. Consent forms and audio recordings will be kept separately. After the focus group, I will transcribe the tapes and summarise the conversation using notes, this will be saved on a password protected computer, and no-one but the research team will have access to it. After this I shall delete the original recording from this Dictaphone. I may use the occasional quote from our conversation in the report but your name will not appear next to it.

You will be asked to sign a consent form before taking part in the research. You will be given a copy of the consent form to keep.

Would you still like to take part in the study?

[If participants agree, ask them to sign a consent form, give them a copy of this along with the participant information sheet pointing out the contact information].

Topic focus	Core questions	Additional questions
<i>Introduction to sexual health</i>	What do you think we mean when we talk about sexual health? What kind of things make up sexual health?	<p>Prompt: contraception, abortion, STI testing, HIV etc.</p> <p><i>NHS Sexual health services are free and available to everyone, regardless of sex, age, ethnic origin and sexual orientation. You can get advice and information on sexual health from: sexual health clinics contraception clinics (also known as family planning clinics, GPs, GUM clinics (e.g. at your local hospitals), pharmacies, sexual assault referral centres and young people’s services. To find local sexual health services, please check: www.nhs.uk.</i></p> <p><i>Adapted from NHS Choices, www.nhs.uk</i></p>

<p><i>Awareness of services</i></p>	<p>Do you know what services are available near where you live? Do you know what kind of thing they provide?</p> <p>If no/unsure → Would you know where to look for this information?</p>	<p>Can you name any of them?</p>
<p><i>Most frequently used and most important resources</i></p>	<p>What things are important to you when visiting a sexual health service?</p> <p>What is important in terms of sexual health and sexual health services to you as an LGBT person?</p> <p>What do you think the sexual health services do – what can you get there?</p> <p>What are the main reasons that LGBT people use sexual health services?</p>	<p>What are the most important sexual health services to you personally and as a group?</p> <p>Why is this?</p> <p>Location, staff, opening times etc.</p>
<p><i>Experience of services</i></p>	<p>You don't need to give us any detailed information but we're trying to get an idea of how people find the services → Have you or any friends ever used a sexual health service in Vale Royal?</p> <p>How did you/they access/find out about the service you attended?</p> <p>Again, you don't need to tell us what you went for but → what was your experience of using this/these service/s?</p> <p>Would you ever go back to the service if you needed to? Why?</p> <p>What was good about it?</p> <p>What would you change about it?</p>	<p>Did you visit another health or voluntary (charity) service before using the sexual health service?</p> <p>Did the sexual health service ask you to visit anywhere else afterwards?</p>
<p><i>Barriers in access to services</i></p>	<p>If you have visited a service before:</p> <p>How did you get to the service? Transport? Was it easy to get to?</p> <p>Thought processes involved in deciding to go to the service? How did you feel about going? Psychological/social barriers to access.</p> <p>Has there ever been a reason you have needed to visit a sexual health service but haven't? If so, what were the reasons?</p> <p>What would have put you off using the service?</p> <p>Are there any reasons in general why sexual health services may be especially good or bad at catering for the needs of LGBT people?</p>	<p>Both locally and in general.</p>

<p><i>Improvement of services</i></p>	<p>In your view, what could be done to improve local sexual health services?</p> <p>What would be a good way to make LGBT people aware of local sexual health services?</p> <p>Where would be the best places to do this?</p> <p>What would make seeking treatment easier?</p> <p>What would improve a visit to a local sexual health clinic?</p>	<p>Text service/phone service, opening hours/staffing/location etc.</p> <p>Are the services locally good enough for the needs of LGBT people?</p>
<p><i>Risk prevention</i></p>	<p>Do you think safe sex is important to LGBT people?</p> <p>What does safe sex mean to LGBT people?</p> <p>Is safe sex as important now as it was in the past?</p>	<p>Is it as important to younger/older LGBT people as it is to you?</p>

APPENDIX 6: ADULTS WITH A LEARNING DISABILITY

INTERVIEW/FOCUS GROUP GUIDE



Sexual Health Needs Assessment Vale Royal, Cheshire

Learning Disability Group Focus Groups

Introduction:

Hi, my name is [name of focus group facilitator- a researcher] and I am a researcher from the Centre for Public Health at Liverpool John Moores University. This is [name of contact from gatekeeper organisation] and s/he will be sitting in with us today. If you feel like you want to talk about anything that comes up in this group further, please speak to her/him afterwards. First of all, thank you for agreeing to meeting with me; I really appreciate the time you have given. We have been asked to look at local sexual health services and what people think of them, if they use them or not, reasons why they may not use them (for example). I would like to ask you about your views on sexual health services in this area.

We are not asking detail of using a particular service, or details about what you may or may not have had done, but we will ask you for information on how you found the experience, what you think of the services, what would improve the experience that people with learning disabilities have when accessing the service. If you choose to give any information on personal experiences, this information will not be used in the write-up of the report.

If you would like to stop taking part in the focus group at any point, this is okay, you are free to withdraw at any time. What we discuss and anything you say is in confidence. Everything that you say in the focus group will be private and discussions will be kept confidential outside the group. This means nobody outside of the research team will see your answers. I will not take any personal information and no-one will know what you have said. If it is okay, I would like to tape record the conversation because I would like to give you my full attention and I cannot write fast enough to take notes. This is so the researcher does not have to write down your answers during the discussion and can listen to you fully. These recordings will only be listened to by the research team and will be deleted after the answers have been written up. All audio tapes will be kept locked in a filing cabinet in a secure office or stored digitally on a secure computer. Any quotes used in the research will be anonymous and will not identify you. Consent forms and audio recordings will be kept separately. After the focus group, I will transcribe the tapes and summarise the conversation using notes, this will be saved on a password protected computer, and no-one but the research team will have access to it. After this I shall delete the original recording from this Dictaphone. I may use the occasional quote from our conversation in the report but your name will not appear next to it.

You will be asked to sign a consent form before taking part in the research. You will be given a copy of the consent form to keep.

Would you still like to take part in the study?

[If participants agree, ask them to sign a consent form, give them a copy of this along with the participant information sheet pointing out the contact information].

Topic focus	Core questions	Additional questions/prompts
<p><i>Introduction to sexual health</i></p> <p><i>Avoid abbreviations, explain more if necessary</i></p>	<p>What do you think we mean when we talk about sexual health? What kind of things make up sexual health?</p> <p>What do you think of if someone says the words sex and sexual health?</p> <p>What do you think of when someone talks about “relationships”?</p>	<p>Prompt: contraception, abortion, STI testing.</p> <p>Explanation of contraception – ways of stopping you having a baby if you don’t want one, ways of stopping you catching a sexual infection. Does anyone know what any of these are? Condoms, the pill – do you know what they are for?</p> <p>Explanation of what an STI is – infection down below/penis/vagina - e.g. you can get them from having sex with someone who has one. They can make you sore/uncomfortable/itchy; can have a discharge, a smell.</p> <p><i>NHS Sexual health services are free and available to everyone, regardless of sex, age, ethnic origin and sexual</i></p>

		<p>orientation. You can get advice and information on sexual health from: sexual health clinics contraception clinics (also known as family planning clinics, GPs (your doctor), GUM clinics (e.g. at your local hospitals), pharmacies (the chemist where you pick up medicines), sexual assault referral centres and young people's services. To find local sexual health services, please check: www.nhs.uk.</p> <p>Adapted from NHS Choices, www.nhs.uk</p>
<i>Main sources of information</i>	<p>Where do you get most of your information on sexual health?</p> <p>Who would you talk to about sex, STIs, pregnancy/having babies?</p> <p>OR</p> <p>If you wanted to find out more about sex, relationships, sexual infections, having a baby – who would you ask?</p>	<p>Prompts:</p> <p>Friends/family, learning disabilities team, community nurse, social workers, sexual health clinics.</p>
<i>Most frequently used and most important resources</i>	<p>[Reminder of what sexual health services are] What kind of sexual health services do you think you might need - either now or in the future?</p>	
<i>Awareness of services</i>	<p>Do you know what sexual health services are available near where you live?</p> <p>Can you tell me all the places you know where people with learning disabilities are able to visit and talk to, to find out about sex, contraception, sexual infections, having babies?</p> <p>If someone you know was worried about a sexual infection or sex or about getting pregnant, where would you tell them to go? Or who would you tell them to speak to?</p>	<p>Have you heard of any of these services (provide list)</p> <ul style="list-style-type: none"> • Winsford Sexual Health Clinic (at Winsford Health Centre) • Wharton Contraceptive Clinic (at Wharton Primary Health Centre) • Northwich Contraception Clinic (at Victoria Infirmary) • Leighton Centre for Sexual Health at Leighton Hospital • Countess of Chester Hospital Department of Sexual Health <p>Any others?</p> <p>What do you think they provide?</p> <p>Prompts: tests for sexual infections, advice, medicines for sexual infections, contraception.</p>
<i>Experience of services</i>	<p>Have you or anyone you know with a learning disability ever used a sexual health service? We don't need to know what service or why you went, but we</p>	

	would like to know whether it was a good or bad experience and why.	
<i>Improvement of services</i>	If people with learning disabilities were ever to use a sexual health service, how would you like to be treated?	E.g. would you like extra help/time/explanations or would you prefer to be treated like anyone else?
<i>Barriers in access to services</i>	How would you get to a clinic? Are you happy travelling on buses, trains or taxis to get there? What would make it easier to get there? Would you be embarrassed to talk about sex and sexual infections and being pregnant to a doctor or nurse?	
<i>Risk behaviour/knowledge, attitudes, beliefs and practices</i>	Do you think people with a learning disability take risks (e.g. risk getting a sexual infection or getting pregnant)? I'm now going to hold up some cards and read out what they say. I'd like you to have a quick think about them and then I'd like you to share any thoughts you have about them.	Use focus group discussion prompt cards.



Centre for
Public Health



Vale Royal
Clinical Commissioning Group



Cheshire West
and Chester

Sexual Health Needs Assessment – Vale Royal, Cheshire Care Leavers Focus Groups

Introduction:

Hi, my name is [name of focus group facilitator- a researcher] and I am a researcher from the Centre for Public Health at Liverpool John Moores University. This is [name of contact from gatekeeper organisation] and s/he will be sitting in with us today. If you feel like you want to talk about anything that comes up in this group further, please speak to her/him afterwards. First of all, thank you for agreeing to meeting with me; I really appreciate the time you have given. We have been asked to look at local sexual health services and what people think of them, if they use them or not, reasons why they may not use them (for example). I would like to ask you about your views on sexual health services in this area.

We are not asking detail of using a particular service, or details about what you may or may not have had done, but we will ask you for information on how you found the experience, what you think of the services, what would improve the experience that people who have been in care have when accessing the service. If you choose to give any information on personal experiences, this information will not be used in the write-up of the report.

If you would like to stop taking part in the focus group at any point, this is okay, you are free to withdraw at any time. What we discuss and anything you say is in confidence. Everything that you say in the focus group will be private and discussions will be kept confidential outside the group. This means nobody outside of the research team will see your answers. I will not take any personal information and no-one will know what you have said. If it is okay, I would like to tape record the conversation because I would like to give you my full attention and I cannot write fast enough to take notes. This is so the researcher does not have to write down your answers during the discussion and can listen to you fully. These recordings will only be listened to by the research team and will be deleted after the answers have been written up. All audio tapes will be kept locked in a filing cabinet in a secure office or stored digitally on a secure computer. Any quotes used in the research will be anonymous and will not identify you. Consent forms and audio recordings will be kept separately. After the focus group, I will transcribe the tapes and summarise the conversation using notes, this will be saved on a password protected computer, and no-one but the research team will have access to it. After this I shall delete the original recording from this Dictaphone. I may use the occasional quote from our conversation in the report but your name will not appear next to it.

You will be asked to sign a consent form before taking part in the research. You will be given a copy of the consent form to keep.

Would you still like to take part in the study?

[If participants agree, ask them to sign a consent form, give them a copy of this along with the participant information sheet pointing out the contact information].

Topic focus	Core questions	Additional questions
<p><i>Introduction to sexual health</i></p>	<p>What do you think we mean when we talk about sexual health? What kind of things make up sexual health?</p>	<p>Prompt: contraception, abortion, STI testing, HIV etc.</p> <p><i>NHS Sexual health services are free and available to everyone, regardless of sex, age, ethnic origin and sexual orientation. You can get advice and information on sexual health from: sexual health clinics contraception clinics (also known as family planning clinics, GPs, GUM clinics (e.g. at your local hospitals), pharmacies, sexual assault referral centres and young people’s services. To find local sexual health services, please check: www.nhs.uk.</i></p> <p><i>Adapted from NHS Choices, www.nhs.uk</i></p>
<p><i>Most frequently used and most important resources</i></p>	<p>What things are important to you when visiting a sexual health service?</p>	<p>What are the most important sexual health services to you personally and as a group?</p>

	Why?	Location? Staff? Opening times? Etc?
<i>Awareness of services</i>	<p>Do you know what services are available near where you live? Do you know what kind of thing they provide?</p> <p>If no/unsure → Would you know where to look for this information?</p>	<p>Can you name any of them?</p> <ul style="list-style-type: none"> • Winsford Sexual Health Clinic (at Winsford Health Centre) • Wharton Contraceptive Clinic (at Wharton Primary Health Centre) • Northwich Contraception Clinic (at Victoria Infirmary) • Leighton Centre for Sexual Health at Leighton Hospital • Countess of Chester Hospital Department of Sexual Health <p>Any others?</p> <p>What do you think they provide?</p>
<i>Improvement of services</i>	<p>In your view, what could be done to improve local sexual health services?</p> <p>What would be a good way to make people aware of local sexual health services?</p> <p>Where would be the best places to do this?</p> <p>What would make seeking treatment easier?</p> <p>What would improve a visit to a local sexual health clinic?</p>	<p>Text service/phone service, opening hours/staffing/location etc.</p> <p>Are the services locally good enough for the needs of people who have been in care?</p>
<i>Barriers in access to services</i>	<p>If you have visited a service before:</p> <p>How did you get to the service? Transport? Was it easy to get to?</p> <p>Thought processes involved in deciding to go to the service? How did you feel about going? Psychological/social barriers to access.</p> <p>Has there ever been a reason you have needed to visit a sexual health service but haven't? If so, what were the reasons?</p> <p>What would have put you off using the service?</p> <p>Are there any reasons in general why sexual health services may be especially good or bad at catering for people's needs?</p>	<p>Both locally and in general.</p>
<i>Risk behaviour/knowledge, attitudes, beliefs and practices</i>	<p>Do you think people who are in care or who have been in care take risks with their sexual health?</p> <p>I'm now going to hold up some cards, which have statements on them, and I'd like you to share any thoughts you have.</p>	<p>Use focus group discussion prompts.</p>

APPENDIX 8: GYPSY AND TRAVELLER COMMUNITY INTERVIEW GUIDE



Centre for
Public Health



Vale Royal
Clinical Commissioning Group



Cheshire West
and Chester

Gypsy and Traveller community interview guide

Introduction:

Hi, my name is [name of researcher] and I am a researcher from the Centre for Public Health at Liverpool John Moores University. First of all, thank you for agreeing to meet with me; I really appreciate the time you have given. We have been asked to look at local sexual health services and what people think of them, if they use them or not, reasons why they may not use them (for example). I would like to ask you about your views on sexual health services in this area. We are not asking for detail of using a particular service and we want to talk in general terms; I'm not asking that you tell me anything personal and not implying that you have used these services.

If you choose to give any information on personal experiences, this information will not be used in the write-up of the report. If you would like to stop taking part in the interview at any point, this is okay, you are free to stop at any time. What we discuss and anything you say is in confidence. Everything that you say in the interview will be private and discussions will be kept confidential. This means nobody outside of the research team will see your answer and the recordings will be deleted after the interviews have been written up. If you feel like you want to skip a question, or you don't want to continue, just tell me and we will stop. If you feel like you want to talk about anything that comes up in this interview further, please speak to someone here at Cheshire Voice.

I will not take any personal information and no-one will know it is you that has been speaking to me. If it is okay, I would like to tape record the conversation because I would like to give you my full attention and I cannot write fast enough to take notes. This is so I do not have to write down your answers during the discussion and can listen to you fully. All audio tapes will be kept locked in a filing cabinet in a secure office or stored digitally on a secure computer. Any quotes used in the research will be anonymous and will not identify you. Consent forms and audio recordings will be kept separately. After the interview, I will write notes from the tapes and summarise the conversation using notes, this will be saved on a password protected computer, and no-one but the research team will have access to it. After this, I shall delete the original recording. I may use the occasional quote from our conversation in the report but your name will not appear next to it.

I don't want to ask personal, questions about you; if when you answer you could try to answer in a general way about your community it will give me an idea of the bigger picture. I don't want to know about exact people or your exact experience; I want to get a general idea about what the Traveller community thinks about these issues.

You will be asked to sign a consent form before taking part in the research. You will be given a copy of the consent form to keep.

Would you still like to take part in the study?

[If participants agree, ask them to sign a consent form, give them a copy of this along with the participant information sheet pointing out the contact information].

Topic focus	Core questions	Additional questions
<i>Introductory questions</i>		
<i>Knowledge of services</i>	If someone in the Gypsy and Traveller community had a women's health problem (things that happen in a relationship or marriage) - Do you think they would know where to go to get help or advice or treatment?	Prompts: worried about an infection they may have caught from a man, or about how to have a baby or not have a baby. Prompts: GP (family doctor), hospital, home visit from doctor or nurse or health visitor, family, friends, another type of health clinic?
	If a woman in the Traveller community decided they needed to see a doctor or nurse about a problem to do with women's health (like we discussed above), what would make it easier for them to go?	Prompts: female only doctor/nurse, someone to explain things clearly, someone to tell you what was going to happen at the appointment, a drop-in system, welcoming atmosphere, understands your culture, more time to talk, etc.
<i>Barriers in access to services</i>	What do you think would put some Gypsy and Travellers off and maybe make them not want to see doctors/nurses about	Prompts: embarrassing, don't see the need, don't want anyone to know or find out, past experiences of going to

	these issues (things like relationships, problems to do with infections or to do with controlling the number of babies in the family)?	the doctor/nurse, cultural reasons. Probing questions: why do you think that? Is that the same for everyone in the community?
<i>Awareness of issues</i>	<p>Do women in the community ever discuss “women’s health issues” to do with infections that can be caught by being intimate in a relationship or about not having children?</p> <p>Do Traveller women ever worry about catching an infection from a man?</p> <p>Would men ever discuss these things with each other? Would they ever discuss it with their wives?</p>	<p>Would people talk about it to their friends or family? Is it something that is ever discussed? Is there ever a situation where it might be discussed?</p> <p>Why? Why not?</p>
<i>Improving services</i>	Is there anything doctors/nurses/health visitors could do to make it easier to see them about these issues?	<p>Prompts: more general clinics? Discussing these issues in a more general way, i.e. at the GP or midwife or health visitor’s when discussing other things? Different ways of registering?</p>
<i>Advertising services</i>	If someone in the Traveller community needed to use one of the services we have been discussing, if they didn’t know where to go, how would they go about trying to find out about it?	Prompts: friends, family, mobile phone, Google, websites, telephone book?
<i>Looking after health</i>	<p>Is looking after your body and your health important?</p> <p>Do women look after their health well in general?</p> <p>Do male Travellers look after their health in general? Would they ever visit a doctor to discuss relationships or if they had caught an infection? Would they ever discuss it with their wives/family/friends?</p>	Why? In what way?
<i>Pregnancy/fertility</i>	<p>I now have a couple of questions about getting pregnant and trying to get pregnant.</p> <p>Are Traveller women comfortable talking to doctors/midwives/health visitors about having a baby and being pregnant?</p> <p>Would they talk to anyone if they couldn’t have a baby? Who would they go and see? Would they talk about it within their family or with their friends first?</p>	
	What would make it easier for Traveller women to visit doctors/midwives/health visitors about pregnancy?	



Sexual Health Needs Assessment – Vale Royal, Cheshire

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